



# Understanding PAC Services

Participant Assistant Care — What It Covers & How to Access It

Participant Assistant Care (PAC) is a Medicaid-funded, in-home support service available through Indiana's Home and Community-Based Services (HCBS) waivers. PAC enables individuals with intellectual and developmental disabilities to live safely and comfortably in their own home or with their family — with the right level of hands-on assistance, when they need it.

PAC is delivered by trained caregivers and is tailored to each person's individual support plan, promoting independence, dignity, and community inclusion.

## NoraCare & PAC

NoraCare is a licensed PAC provider in Indiana. Our trained caregivers deliver compassionate, person-centered assistance in the home — so your loved one can thrive where they feel most comfortable.

## What PAC Covers

PAC services assist with daily living activities the individual cannot perform independently. Covered services typically include:

- Bathing, grooming & personal hygiene
- Dressing and undressing
- Meal preparation & feeding assistance
- Medication reminders
- Light housekeeping
- (individual-related)
- Community access & errands
- Mobility and transfers
- Toileting and continence care
- Companionship & supervision
- Assistance with communication

*Note: Specific services depend on the individual's approved support plan and waiver type (CIH or FSW). Hours are authorized based on assessed need.*

## Who Is Eligible for PAC?

To receive PAC services, an individual must:

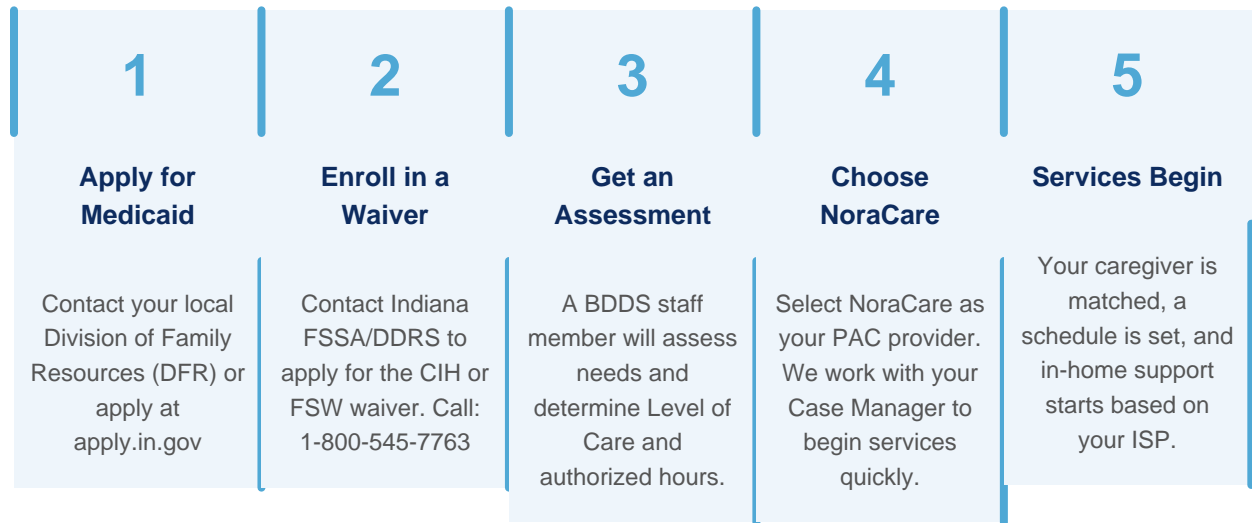
- Be enrolled in Indiana Medicaid
- Be approved for the Community Integration and Habilitation (CIH) Waiver **or** the Family Supports Waiver (FSW)
- Have an intellectual disability, developmental disability, or related condition with onset before age 22
- Have PAC included in their approved Individual Support Plan (ISP)

- Be assessed as needing hands-on personal care support

### Already on a waiver?

If you or your loved one is already enrolled in the CIH or FSW waiver and PAC is not yet part of the support plan, speak with your Case Manager to request an update to the Individual Support Plan.

## How to Access PAC Services



### Ready to get started?

Contact NoraCare today to learn more about PAC services and how we can support your family.

### NoraCare Home Care

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